



LYNCH SYNDROME AWARENESS

Please keep this letter
in my medical record.



Thank you for being
part of my care team.

Lynch Syndrome is even more common than **BRCA1/2**.

I have just been diagnosed with Lynch Syndrome.

My Lynch Syndrome gene is: _____

WHAT IS LYNCH SYNDROME?

Lynch Syndrome is an inherited condition caused by a change (mutation) in one of the mismatch repair (MMR) genes. These genes help fix small errors that occur when our cells copy their DNA. When an MMR gene does not work properly, errors can build up over time and increase the risk of certain cancers.

Lynch Syndrome is the most common cause of inherited colorectal cancer.

IMPORTANT FACTS



Affects an estimated 1 in 279 people.
Most people who have it do not know.



Caused by changes in one of the MMR genes:
MLH1, MSH2, MSH6, PMS2 or EPCAM.



Increases lifetime risk for several types
of cancer, most commonly colorectal and
endometrial cancers.



It is inherited. First-degree relatives (parents,
siblings, children) each have a 50% chance
of having the same gene change.



Appropriate screening and risk-reducing
options can save lives.



MULTIDISCIPLINARY CARE MATTERS

Lynch Syndrome care is complex and lifelong.
Following current NCCN Guidelines helps
ensure I receive the most appropriate,
evidence-based care.

A multidisciplinary team may include:

- ✓ Primary Care Provider
- ✓ Gastroenterologist
- ✓ Gynecologist
- ✓ Urologist
- ✓ Dermatologist
- ✓ Genetic Counselor
- ✓ Oncologist (as needed)
- ✓ Other specialists as appropriate



I would greatly appreciate a referral
to a genetic counselor (if not already
connected) and to appropriate
specialists for ongoing surveillance
and prevention.



FOLLOW GUIDELINES. SAVE LIVES.

The NCCN Guidelines for Genetic/Familial High-Risk Assessment: Colorectal, Endometrial and Gastric provide expert recommendations for screening, prevention, and risk reduction for people with Lynch Syndrome.

LEARN MORE

Visit our website for patient
resources, videos, and support.



Website:

LynchSyndromeAwareness.com



Our mission is to raise awareness,
provide education, and support individuals
and families affected by Lynch Syndrome.

NCCN GUIDELINES

Scan to view the latest
NCCN Guidelines.

