LYNCH SYNDROME AWARENESS

Please keep this letter in my medical record.

Thank you for being part of my care team.

Lynch Syndrome is even more common than *BRCA1/2.*

I have just been diagnosed with Lynch Syndrome.

My Lynch Syndrome gene is: _____

WHAT IS LYNCH SYNDROME?

Lynch Syndrome is an inherited condition caused by a change (mutation) in one of the mismatch repair (MMR) genes. These genes help fix small errors that occur when our cells copy their DNA. When an MMR gene does not work properly, errors can build up over time and increase the risk of certain cancers.

Lynch Syndrome is the most common cause of inherited colorectal cancer.

IMPORTANT FACTS

- Affects an estimated 1 in 279 people. Most people who have it do not know.
- Caused by changes in one of the MMR genes: *MLH1, MSH2, MSH6, PMS2* or *EPCAM.*
- Increases lifetime risk for several types of cancer, most commonly colorectal and endometrial cancers.
- It is inherited. First-degree relatives (parents, siblings, children) each have a 50% chance of having the same gene change.
- Appropriate screening and risk-reducing options can save lives.

MULTIDISCIPLINARY CARE MATTERS

Lynch Syndrome care is complex and lifelong. Following current NCCN Guidelines helps ensure I receive the most appropriate, evidence-based care.

A multidisciplinary team may include:

- Primary Care Provider
- Gastroenterologist
- Gynecologist
- Urologist
- Dermatologist
- Genetic Counselor
- Oncologist (as needed)
- Other specialists as appropriate

I would greatly appreciate a referral to a genetic counselor (if not already connected) and to appropriate specialists for ongoing surveillance and prevention.

FOLLOW GUIDELINES. SAVE LIVES.

The NCCN Guidelines for Genetic/Familial High-Risk Assessment: Colorectal, Endometrial and Gastric provide expert recommendations for screening, prevention, and risk reduction for people with Lynch Syndrome.

LEARN MORE

Visit our website for patient resources, videos, and support.

Website:
LynchSyndromeAwareness.com

Our mission is to raise awareness, provide education, and support individuals and families affected by Lynch Syndrome.

NCCN GUIDELINES

Scan to view the latest NCCN Guidelines.

Lynch Syndrome Awareness | Education | Prevention | Support | Hope