Family Notification Letter for Lynch Syndrome

Dear Family Member,

I am reaching out to share important health information that may affect you and other members of our family.

Through genetic testing, I have learned that I carry an inherited genetic variant associated with Lynch syndrome, a hereditary condition that increases the risk of colorectal, uterine and several other cancers.

Lynch syndrome can be passed down through either side of the family. Parents, siblings and children of someone with Lynch syndrome typically have a 50% chance of carrying the same genetic variant. Other biological relatives may also be at risk.

Our family's genetic information:

Gene: _____

Genetic variant: _____

Genetic testing laboratory: _____

Having Lynch syndrome does not mean that you will develop cancer. Knowing your genetic status can provide opportunities for earlier screening, cancer prevention and personalized medical care.

I encourage you to:

- Share this letter with your healthcare provider.
- Speak with a genetic counselor about your potential risk.
- Consider genetic testing for our family's known genetic variant.
- Share this information with other biological relatives who may be at risk.

For recommended cancer screenings and risk management, visit the NCCN Guidelines for Lynch Syndrome: https://lynchsyndromeawareness.com/nccn-guidelines/

I understand that receiving this information may feel overwhelming. Whether or not you pursue genetic testing is a personal decision. My intention is to provide information that could help protect your health and the health of future generations.

With care, _____